

American Bowen Academy
Bowenwork for Small Animals
An Introductory Class

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ABA CE Credits: 12

Tuition: ABA Member price \$180

Non-member price \$230

Prerequisites: Students with any level of Bowen training, including the **4-hour, Introduction to Wellness in Your Hands** class are eligible to register for this class.

I. Rationale:

This course introduces Bowenwork basics for small animals, designed for pet owners and those familiar with the technique. It includes videos, diagrams, and written instructions, offering step-by-step guidance for wellness and relaxation sessions. Completing the course is educational only and does not confer a formal credential.

II. Presentation Aims and Outcomes:

Aims

This course provides foundational knowledge and skills in the application of the Bowen technique for small animals.

Specific Learning Outcomes:

- Students will acquire a thorough understanding of the physical and emotional factors influencing the animal-human relationship, in relationship to the applications of Bowenwork within this framework.
- Participants will gain functional knowledge of anatomy that pertains to the Bowenwork procedures addressed.
- Learners will identify risks and contraindications that should be considered when administering Bowenwork.
- Students will develop strategies for structuring sessions to achieve desired outcomes.
- Students will learn protocol to safely provide Bowenwork procedures to small animals.
- Students will learn a step-by-step sequence of moves to address areas of stress and imbalance in the animal.
- Students will develop the ability to identify anatomical landmarks and accurately locate

specific points for performing procedures on the relevant underlying structures.

- Students will receive instruction on key considerations to maximize the effectiveness of Bowenwork in small animals.
- Students will practice observation of the unique behaviors that are specific to the small animal species during the prescribed wait times while allowing the animal to process and increase relaxation.
- Students will learn and practice safety protocol for the animals during and after the Bowenwork session.
- Students will demonstrate a clear understanding of their individual scope of practice and awareness of the manner in which they should utilize the knowledge and skills learned in this class.
- Students will understand that the knowledge presented in this class is not a substitute for veterinary care and is intended to be utilized by those with prior training and experience with the Bowenwork technique.

Presentation Requirements:

The class includes videos and reference materials covering landmarks, structures, movement directions, and travel. Students will complete three case studies with different animals, each having two documented sessions, and submit a practice log. Active participation in class discussions is expected for sharing questions and feedback on lessons.

Resource Readings: Links to journal articles offer further details on the benefits of Bowenwork for animals.

III. Time Allocation: 12 hours total