



**Equine Bowen Level II**  
**Intermediate skills**  
*for horse enthusiasts and professionals.*

**Instructor:** Michelle Patterson [Solidago.michelle@gmail.com](mailto:Solidago.michelle@gmail.com) 320-293-2470

**Presentation Hours/CE Credits:** 24

**Cost:** \$825

**Pre-requisites:** Introduction to Equine Bowenwork

**I. Rationale:**

This class is intended to build on the knowledge and skills from the Introduction to Equine Bowen class. Students will refine their skills and accuracy and will be introduced to additional procedures and knowledge. Written documentation of sessions will be introduced as students begin to complete case studies. Review of anatomical structures and function will be explored in greater detail. Assessment techniques will be introduced to allow students to begin developing and utilizing a “less is more” strategy to develop a plan of care. Completion of this course is second step in the Equine Bowen Specialist education track.

**II. Presentation Aims and Outcomes:**

***Aims***

This class provides an opportunity for students to refine their skills from the Intro to Equine Bowen Class. Additional procedures and in-depth exploration of functional anatomy and movement will add to the student’s understanding of working with the equine body. This course will introduce assessment skills and case studies to enhance their approach to developing a plan of care for equines.

***Specific Learning Outcomes:***

- Students will learn protocol for the “Advanced Body Balance” and 8 additional procedures in a supervised and structured hands-on learning experience with horses.
- Students will utilize palpation, observation, and assessment to determine a plan of care utilizing a “less is more” Bowen approach.
- Students will identify and utilize anatomical landmarks to locate the specific points to apply these procedures in the proper location on appropriate underlying structures.
- Students will identify anatomical structures, indications, and contra-indications for use of each procedure.
- Students will understand specific considerations and variables, unique to equines, which optimize the effectiveness of Bowenwork. (proper dental and hoof care, nutrition, saddle fit and environmental considerations)
- Students will recognize behaviors indicating that the equine is “processing” during the prescribed pauses, while allowing the animal to assimilate the work and optimize positive outcome.
- Students will practice safety protocol and awareness for all horses, students, and handlers.
- Students will learn and practice appropriate bio-security measures for prevention of the spread of disease.
- Students will demonstrate an understanding of their own scope of practice, professional ethics,

and awareness of legal considerations relating to equine laws in their own community.

**III. Presentation Requirements:** Students will receive a course manual with detailed descriptions, photographs, and diagrams. Students will be provided with animal partners in learning which have been selected for their temperament and proven ability to tolerate a structured learning environment. Students will learn in a comfortable and spacious facility allowing optimal teaching and learning conditions.

**IV. Additional Resource Readings** – There are no additional requirements for students to purchase other learning resources for this class. The instructor will provide additional resources for students to engage in any required learning beyond what information is included in the manual.

**V. Time Allocation:** This class qualifies for 24 CE hours for the American Bowen Academy.

**VI.**

<b>Begin to End Time Day 1:</b>	<b>CE Points</b>	<b>Topic – Content Outline</b>	<b>Teaching Method Learning Activity</b>
8:30-9:30	1	Introduction and presentation overview	Lecture
9:30—10:30	1	Review of Level One Basic Body Balance and procedures	Small group practice
10:30-10:45		Break	
10:45 – 12:30	1.75	Demonstration and practice of Advanced Low back procedure	Demonstration/practice In small groups of 2-3
12:30-1:30		Break	
1:30 – 3:15	1.75	Demonstration and practice of Advanced Upper back and neck Procedures	Small group practice
3:15 – 3:30		Break	Switch out horses
3:30-5:15	1.75	Demonstration and practice Advanced Hamstring Procedure	Demonstration/practice
5:15 – 6:00	.75	Review and questions.	Demonstration/lecture
<b>Total:</b>	<b>8</b>		

<b>Begin to End Time Day 2:</b>	<b>CE Points</b>	<b>Topic – Content Outline</b>	<b>Teaching Method Learning Activity</b>
8:30-9:30	1	Review and feedback from day 1	Lecture
9:30—10:30	1	Ongoing review and practice of Upper Respiratory Throat	Demonstration with 1 horse
10:30-10:45		Break	
10:45 – 12:30	1.75	Demonstration and Practice of shoulder, subscapularis/ pectoralis	Demonstration/practice In small groups of 2-3
12:30-1:30		Break	Switch out horses
1:30 – 3:15	1.75	Lecture on Hyoid apparatus and TMJ function and structures	Lecture/ video
3:15 – 3:30		Break	
3:30-5:15	1.75	Demonstration and practice of Hyoid release	Demonstration/practice
5:15 – 6:00	.75	Review of procedures/discussion of ethics, scope of practice and legal considerations, bio-security management	Demonstration/lecture
<b>Total:</b>	<b>8</b>		

<b>Begin to End Time Day 3:</b>	<b>CE Points</b>	<b>Topic – Content Outline</b>	<b>Teaching Method Learning Activity</b>
8:30-9:30	1	Review and feedback from Day 2	Discussion
9:30—10:30	1	Demonstration and discussion of Respiratory/ Diaphragm procedure	Demonstration with 1 horse
10:30-10:45		Break	
10:45 – 12:30	1.75	Demonstration and practice of Advanced Stifle/ hock procedure	Demonstration/practice In small groups of 2-3
12:30-1:30		Break	Switch out horses
1:30 – 3:15	1.75	Students work in groups to complete a case study with one horse	Small group practice
3:15 – 3:30		Break	
3:30-5:15	1.75	Students work in groups to complete a case study with one horse	Small group practice
5:15 – 6:00	.75	Wrap up and discussion of ongoing learning options	Discussion
<b>Total:</b>	<b>8</b>		