



Phase 1: Training Orientation

These four days of in-person instruction count as 32 hours of continuing education credit with American Bowen Academy, American Occupational Therapy Association, and California Board of Registered Nursing.

Phase 1 includes:

- an overview of the entire Instructor Training program
- two Practitioner Days A and B, focused on refining technique and understanding the anatomy
- training participants to teach the Academy's four-hour introductory class to the public

Overview

Details about all four phases of the Academy's Instructor Training program and the requirements for moving forward through them.

Refinement of foundational Bowenwork skills

The two Practitioner Days, on days 2 and 3 of this training, review the entire curriculum of Modules 1–6, with emphasis on the anatomy of, and some “fixes” for, moves often considered difficult to perform.

These 16 hours of hands-on review fulfill the Academy's requirement for hands-on classes within each practitioner certification maintenance period.

Learning to teach the introductory class to the public

The Phase 1: Training Orientation is also known as the Associate Instructor Training. That's because completing it may lead to a contract with American Bowen Academy as an Associate Instructor, authorized to teach the four-hour introductory class, *Bowenwork – An Introduction to Wellness in Your Hands*, to the general public. You can find lots more details [here](#).

Prerequisites for acceptance into Training Orientation / Associate Instructor Training

Click [here](#) to learn more about the requirements for acceptance into this first phase of the Academy's Instructor training program. And, when you are ready, ask [Sue Rutter](#) for an application form.